

# November

## MIAMI BEACH

### Flamingo Park Senior Calendar

Mon	Tue	Wed	Thu	Fri
1  <u>Water Aerobics:</u> 12:00 pm - 12:45pm	2  <u>Dance Fusion:</u> 9:15 am - 10:15 am	3  <u>Water Aerobics:</u> 12:00 pm - 12:45pm	4  <u>Chair Aerobics:</u> 9:15 am - 10:15 am	5  <u>Tai Chi:</u> 9:00 am - 10:00 am
8  <u>Water Aerobics:</u> 12:00 pm - 12:45pm	9  <u>Dance Fusion:</u> 9:15 am - 10:15 am	10  <u>Water Aerobics:</u> 12:00 pm - 12:45pm	11  	12  <u>Tai Chi:</u> 9:00 am - 10:00 am
15  <u>Water Aerobics:</u> 12:00 pm - 12:45pm	16  <u>Dance Fusion:</u> 9:15 am - 10:15 am	17  <u>Water Aerobics:</u> 12:00 pm - 12:45pm	18  <u>Chair Aerobics:</u> 9:15 am - 10:15 am	19  <u>Tai Chi:</u> 9:00 am - 10:00 am
22  <u>Water Aerobics:</u> 12:00 pm - 12:45pm	23  <u>Dance Fusion:</u> 9:15 am - 10:15 am	24  <u>Water Aerobics:</u> 12:00 pm - 12:45pm	25  	26  
29  <u>Water Aerobics:</u> 12:00 pm - 12:45pm	30  <u>Dance Fusion:</u> 9:15 am - 10:15 am			Revised 10/15/21

## **CLASSES, EVENTS & FIELD TRIPS**

Monday: Water Aerobics 12:00 pm – 12:45 pm ([Flamingo Pool](#))

Tuesday: Dance Fusion 9:15 am – 10:15 am

Wednesday: Water Aerobics 12:00 pm – 12:45 pm ([Flamingo Pool](#))

Thursday: Chair Aerobics 9:15 am – 10:15 am

Friday: Tai Chi 9:00 am – 10:00 am

## **DATES CLOSED FOR SENIOR PROGRAMMING:**

November 11th, 2021

November 24th - 26th, 2021

If you would like emails about cancellations and special events, please stop by one of our facilities to enroll in the classes via the Rectrac registration system.

\*Please visit [miamibeachparks.com](http://miamibeachparks.com) to see all senior program offerings at various city facilities.\*

**For more information or questions please contact:**

**[Flamingo Park](#)**

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***Schedules subject to change.***

*To request this material in alternate format, sign language interpreter (five-day notice required), information on access for persons with disabilities, and/or any accommodation to review any document or participate in any city-sponsored proceedings, call 305.604.2489 and select 1 for English or 2 for Spanish, then option 6; TTY users may call via 711 (Florida Relay Service)*